

WE NEED YOU!!!

Canteen profits are injected into the college for improvements to the facilities, equipment and environment which students enjoy daily and your support is necessary. Please contact us if you can assist in the canteen in any way and at any time.

We look forward to working with you and thank you for your support.

Canteen Manager and Chef

Telephone: 9873 1077, Ext 230



Vermont Secondary
College

Canteen Price List

Term 4 - 2009

Some Students may require special diets for medical reasons. The college Canteen will try to meet these needs as far as possible. Students have the responsibility of making appropriate choices when ordering or purchasing food, or asking Canteen staff if they are unsure of product ingredients.

SELECTIONS

SANDWICHES

Ham & Cheese	2.50
Ham Cheese & Tomato	3.00
Ham & Salad	3.00
Chicken Lettuce & Mayo	3.00
Chicken Cheese & Tomato	3.00
Chicken & Salad	3.00
Chicken & Avocado	3.50
Egg & Lettuce	3.00
Salad	2.50
Salad & Cheese	3.00

ROLLS

Cheese & Salad	3.20
Ham & Salad	3.50
Ham Cheese Tomato	3.20
Chicken & Salad	3.50
Chicken Cheese Tomato	3.20
Chicken Lettuce & Mayo	3.20
Chicken & Avocado	3.50
Egg Lettuce	3.50

SNACKS

Dim Sims Pack of Two	1.50
Muffins, Cakes (homemade)	1.50
Half Apple Scroll	1.00
Berry and Passion fruit Yoghurt	2.50
Jelly Cups	1.50
Red Rock Deli Chips	1.00
Smith Chips	1.00
JJ Snacks	.80
Piranha	1.00
School Straps	.60
Choc Chip Cookie	1.00
All Fruit Bar	1.50
Tiny Teddys	.60
Muffin Bars	1.50

Recess Specials

Daily specials will include *at least one of the following items. Check daily specials board*

Sausage Rolls	2.50
Pizza Slice	2.50
Chicken/Ham Subs	1.50
Cheese & Bacon Rolls	2.00
Chicken Wraps	2.50
Bruschetta	2.50

LUNCH SPECIALS

MONDAY

Pasta	Lrg4.00 Sm 3.00
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Tuesday

Cold Chicken Roll	4.00
Noodles or Stir Fry	4.00

Wednesday

Lamb Souvlaki / Steak s'wich	4.50
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Thursday

Homemade Hamburger	4.00
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Friday

Fried Rice	Lrg4.00 Sm 3.00
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Hot Dogs	2.50
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Add \$1. For Just Juice to the above meals for combo deal

Also available Mon-Fri at Lunch

Pie (Four n Twenty Lite)	3.50
Veggie Pasties (Patties)	3.50
Sausage Rolls (Four n Twenty Lite)	2.50
Egg and Bacon Pie	3.20
Chicken and Veg pie	3.20
Focaccia of the Week	3.50

DRINKS

Big M	600ml	3.00
Big M	300ml	2.00
Big M Light	500ml	3.00
Up & GO	250ml	2.00

Pumped Plain	750ml	2.50
Pumped Flavoured	750ml	2.80
Mount Franklin Plain	600ml	1.50

Just Juice	200ml	1.50
Long Life Juice	400ml	2.20

Diet Coke caffeine free	600ml	3.00
Sprite Zero	600ml	3.00
Sprite Zero	250ml can	2.50

ICYPOLES

Mini Calippo	0.80
Paddle Pop Icy Twist	0.90
Splice pine lime	2.00
Frozen Yoghurt	1.70
Paddle Pop choc, rainbow & banana	1.20
Paddle Pop Moo straw and choc	1.30
Paddle Pop Thick shake	2.00