

Dear Students,

Welcome to Health & Human Development Units 3 and 4.

If you are well organised, motivated and have a good work ethic, you will have an enjoyable and successful year in Health & Human Development.

In order to get the most out of this course, there are a number of things that we strongly suggest that you do over the summer and continue throughout the year.

1. Complete the holiday homework tasks by the first class of Term 1.
2. Familiarise yourself with the detailed course outline provided in this package.
3. Develop a good working relationship with your class teacher and maintain regular communication with them throughout the year in person and via email.
4. Develop a study timetable that will assist you in meeting the work deadlines.
5. Ensure that you become familiar with the resources (prescribed textbook, Moodle, websites, notes, other textbooks)
6. Visit the VCAA website regularly to familiarise yourself with past examination papers and to read the examiners' reports: www.vcaa.vic.edu.au
7. Become familiar with the school's VCE compliance policy by reading the VCE handbook located on Compass.
8. Communicate with students who have studied the subject in previous years to get their perspective and suggestions for success.
9. Ensure that you have a balanced life that consists of schoolwork, exercise, sport, leisure, rest and a healthy diet.

If you have any queries about the course, please contact us at school or by email.

We wish you all the best for your studies next year!

Regards,

Mr. Blennerhassett and Ms. Macfarlane

Email addresses/Staffroom locations of Staff teaching subject
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NAME OF TEACHER	EMAIL ADDRESS	LOCATION
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TOP 10 THINGS THAT YOU CAN DO TO GET THE BEST MARKS

1. After every class or at the end of each week- re-read your class notes and make a summary of these notes.
2. Do your homework! All of it. All Year.
3. Read the VCAA examiners reports from past exams before sacs as this will indicate the type of questions and best responses required for the corresponding sacs
4. Use MS Teams to get the class notes, PowerPoint's, videos and other resources.
5. Create flashcards as you go through the chapters throughout the year. These can be shared, printed off and sorted into categories. These will help you with definitions and apply to apply them. The trick is to not just write the definition, but to apply the knowledge with examples. You can also put images in; this will help jog your memory.
6. Try to think of the units as a story, and a story that is worth telling. Create a visual representation of the contents of the unit as we go through it. Concept maps are great!
7. Seek advice, clarification and ask questions as they arise- in class time and outside of class time. There are no stupid questions.
8. Form study groups to help with the work load; this will assist in the conversations and help you understand the content more effectively.
9. Learn and make up your own acronyms- there are heaps in health.
10. Ask for help when you need it! Your teachers are here to help.

Transition: 6th – 10th December			
Week	AREA OF STUDY	CONTENT	SAC/ key tasks
0	1	UNIT 3: Outcome 1: Understanding health and wellbeing <ul style="list-style-type: none"> • Introduction to HHD • Concepts of health and wellbeing (dimensions, illness) 	Unit 3 Glossary Holiday Homework- Chapter 1- Questions Transition booklet
Christmas Holidays			
Term 1			
1	1	<ul style="list-style-type: none"> • STUDY CAMP 	
2	1	<ul style="list-style-type: none"> • Benefits of optimal health and wellbeing and it's importance as a resource individually, nationally and globally. 	
3	1	<ul style="list-style-type: none"> • Prerequisites for health as determined by the WHO including peace, shelter, education, food, income, a stable eco system, sustainable resources, social justice and equity 	
4	1	<ul style="list-style-type: none"> • Prerequisites for health as determined by the WHO including peace, shelter, education, food, income, a stable eco system, sustainable resources, social justice and equity 	SAC 1- Outcome 1
5	1	<ul style="list-style-type: none"> • Indicators used to measure and understand health status: incidence, prevalence, morbidity, burden of disease, DALY, life expectancy, HALE, mortality and self assessed health status. 	
6		<ul style="list-style-type: none"> • Health status of Australians and the biological, sociocultural and environmental factors that contribute to variations between population and groups including: <ul style="list-style-type: none"> - males and females - indigenous and non-indigenous - high and low SES - those living within and outside Australia's major cities 	
7	1	<ul style="list-style-type: none"> • Health status of Australians and the biological, sociocultural and environmental factors that contribute to variations between population and groups including: <ul style="list-style-type: none"> - males and females - indigenous and non-indigenous - high and low SES - those living within and outside Australia's major cities 	
8	1	<ul style="list-style-type: none"> • The contribution to Australia's health status and burden of disease of smoking, alcohol, high body mass index and dietary risks 	Start SAC revision
9	1	<ul style="list-style-type: none"> • SAC revision 	SAC 2- Outcome 1
10	2	Outcome 2: Promoting health and wellbeing <ul style="list-style-type: none"> • Improvements in Australia's health status since 1900 and reasons for these improvements, focusing on policy and practice relating to: <ul style="list-style-type: none"> - 'old' public health - the biomedical approach to health and improvements in medical technology 	

Term Break

Term 2			
WEEK	AREA OF STUDY	CONTENT	SAC/ key tasks
1	2	<ul style="list-style-type: none"> Improvements in Australia's health status since 1900 and reasons for these improvements, focusing on policy and practice relating to: <ul style="list-style-type: none"> - development of 'new' public health including the social model of health and Ottawa Charter for Health Promotion - the relationship between biomedical and social models of health 	
2	2	Australia's Health system, including Medicare, private health insurance, the PBS and NDIS, and its role in promoting health in relation to funding, sustainability, access and equity	
3	2	<ul style="list-style-type: none"> The role of health promotion in improving population health, focusing on one of smoking, road safety or skin cancer, including: <ul style="list-style-type: none"> - why it was / is targeted - effectiveness of the health promotion in improving population health - how the health promotion reflects the action areas of the Ottawa Charter for health promotion 	
4	2	<ul style="list-style-type: none"> Initiatives introduced to bring about improvements in Indigenous health and wellbeing in Australia and how they reflect the action areas of the Ottawa Charter for health promotion Initiatives to promote healthy eating in Australia including Australia Dietary Guidelines and the work of Nutrition Australia, and the challenges in bringing about dietary change 	Start SAC revision
5	2	<ul style="list-style-type: none"> Function and food sources of major nutrients as a determinant of health, including: water, minerals-calcium, phosphorus, sodium and vitamin D. 	SAC 1- Outcome 2
6	1	<p>Unit 4 -</p> <p>Outcome 1: Health and human development in a global context</p> <ul style="list-style-type: none"> Characteristics of high, middle and low income countries Similarities and differences in health status and burden of disease in low, middle and high income countries including Australia 	
7	1	<ul style="list-style-type: none"> Factors that contribute to similarities and differences in health status and burden of disease, including access to safe water sanitation; poverty, inequality and discrimination; and global distribution and marketing of tobacco, alcohol and processed foods 	
8	1	NO CLASSES	
9	1	<ul style="list-style-type: none"> Factors that contribute to similarities and differences in health status and burden of disease, including access to safe water sanitation; poverty, inequality and discrimination; and global distribution and marketing of tobacco, alcohol and processed foods 	
Semester Break			

Term 3			
WEEK	AREA OF STUDY	Outcome & topic	Work for submission
1	1	<ul style="list-style-type: none"> The concept and dimensions of sustainability and its role in the promotion of health and wellbeing The concept of human development, including advantages and limitations of the Human Development Index 	
2	1	<ul style="list-style-type: none"> Implications for health and wellbeing of global trends including; climate change, conflict and mass migration, increased world trade and tourism, digital technologies that enable increased knowledge and sharing 	Start SAC revision
3	2	Outcome 2: Health and the Sustainable Development Goals <ul style="list-style-type: none"> Rationale and objectives of the UN's SDG's Key features of SDG 3 'Ensure healthy lives and promote wellbeing for all at all ages' 	Outcome 1- SAC 1
4	2	<ul style="list-style-type: none"> Relationships between SDG 3 and SDG's 1, 2, 4, 5, 6 and 13 that illustrate collaboration between the health sector and other sectors in working towards health related goals 	
5	2	<ul style="list-style-type: none"> Priorities and work of the WHO The purpose and characteristics of different types of aid including emergency, bilateral and multilateral 	
6	2	Features of Australia's aid program including its priority areas and the types of partnerships involved	Outcome 2 – SAC 1
7	2	<ul style="list-style-type: none"> The role of non government organisations promoting health and wellbeing, and human development 	
8	2	<ul style="list-style-type: none"> Features of effective aid programs that address the SDG's, and examples of effective implementation, with details of one such program including: it's purpose and the SDG addressed, details of implementation and the partnerships involved, contribution to promoting health and wellbeing and human development 	
9	2	<ul style="list-style-type: none"> Features of effective aid programs that address the SDG's, and examples of effective implementation, with details of one such program including: it's purpose and the SDG addressed, details of implementation and the partnerships involved, contribution to promoting health and wellbeing and human development 	Outcome 2- SAC 2
10	2	Exam revision	
Term break			
Term 4			
1		EXAM Revision	
2		EXAM Revision	
3		SWOTVAC	
4		Exams	

Assessment – Tasks, Dates & Relative Weighting

COURSEWORK AND SAC REQUIREMENTS:

In order to successfully pass a Unit, all students are required to;

- complete all set coursework- Classwork, chapter questions & glossaries
- obtain a pass in all scheduled School Assessed Coursework (SACS).

Where a student does not pass a SAC they will be given the opportunity to redeem the task in order to reach a satisfactory standard, however where this occurs the students will retain their original mark for VCAA purposes. **All students are required to be up to date with their coursework prior to sitting a SAC.**

Percentage contributions to the study score in STUDY are as follows:

Unit 3 School-assessed Coursework:	25%
Unit 4 School-assessed Coursework:	25%
End-of-year examination:	50%

Assessment of levels of achievement

The student's level of achievement in Unit 3 and 4 will be determined by school-assessed coursework and an End- of-year examination.

Coursework Requirements

For an outcome to be scored, complete the prescribed coursework chapter questions **before** the date of the outcome.

Satisfactory Requirements

To obtain an S for each unit students are to;

- Attend a minimum of 90% of classes
- Complete the coursework – classwork, chapter questions and glossaries
- Obtain at least 40% on all outcomes.

Unit 3- Australia's health in a globalised world

Task	Date
Outcome 1 – 50 marks SAC 1 (25 marks) Explain the complex, dynamic and global nature of health and wellbeing SAC 2 (25 marks) Interpret and apply Australia's health status data and analyse variations in health status.	 Term 1 week 5 Term 1 week 9
Outcome 2 – 50 marks Explain changes to public health approaches, analyse improvements in population health over time and evaluate health promotion strategies SAC 1 (50 marks)	 Term 2 week 5

Unit 4 – Health and human development in a global context

Task	Date
Outcome 1 – 50 marks Analyse factors contributing to variations in health status between Australia and developing countries, and evaluate progress towards the United Nations' Sustainable Development Goals. SAC 1 (50 marks)	Term 3 week 2
Outcome 2 – 50 marks Describe and evaluate programs implemented by international and Australian government and non-government organisations, and analyse the interrelationships between health, human development and sustainability. SAC 1 (25 marks) Rationale and objectives of the UN's SDGs Key features of SDG 3 Relationships between SDG 3 and SDGs 1, 2, 4, 5, 6 and 13 that illustrate collaboration between the health sector and other sectors in working towards health-related goals SAC 2 (25 marks) Priorities and work of the WHO Characteristics of different types of aid and features of Australia's aid program The role of non-government organisations in promoting health and wellbeing, and human development Features of effective aid programs that address the SDGs, and examples of effective implementation. Ways in which individuals can engage with communities and/or national and international organisations to take social action that promotes health and wellbeing.	Term 3 week 5 Term 3 week 9

Please note: All sac dates are indicative and all sac dates are negotiable and can change due to internal circumstances.

Sources of support for the Study

Links

VCAA Health & Human Development Study Design and Past Exams: www.vcaa.vic.edu.au

Materials Required – Texts, Stationery, and other Resources

Required Materials to be brought to each class

Text: Jacaranda Plus, Key Concepts in VCE Health & Human Development 3&4 (7th edition).
Beaumont. 2021.

Class materials: Folder, A4 loose leaf paper or exercise book, plastic pockets, pens/pencils.

Holiday Tasks to be completed in preparation for the beginning of the 2022 school year. Due 1st lesson in 2022.

Tasks

- Complete transition week booklet
- Read Chapter 2 of text book and summarise by completing the following chapter questions:

p.66/67 Q1-12 and Exam questions 1-4

p.75 Q1-14 and Exam questions 1-5

p.81 Q1-1-9 and Exam questions 1-5

p.88/89 Q1-6 and Exam questions 1-4

- Enjoy your holidays

